



WATERSPORTS

LAKE HUAYPO:

Wetsuits, splash jackets, thermal tops, towels and wetsuit boots are available. We also provide Pelican cases for cameras and snacks whilst on the lake.

You will travel to the lake in normal clothes (with your swimsuit underneath). On arrival at the Lake base, you will be shown around the changing rooms, showers, store room & facilities.

Depending you will be asked to change into your shorts, t-shirt and sandals. Or if required, the wetsuits, boots and splash jackets are available. Buoyancy Aids are mandatory.

Your spare dry clothes will then remain in the changing room and lockers. We recommend a warm jacket for after the water sports.

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| - Swim suit | - Sandals/ Crocs |
| - Shorts | - Rash-vest / T-shirt |
| - Sunglasses with an attached string | - Peaked cap |
| - Water bottle with attaching string | - Camera |
| - Suntan lotion factor 40+ | - Warm jacket |

URUBAMBA WATERSPORTS - One Day

Wetsuits, splash jackets, thermal tops, a towel and wetsuit boots are provided. We also provide Pelican cases for cameras whilst on the rafts.

You will travel to the river in normal clothes. On arrival at the get-in, you will be asked to change into the thermal tops, wetsuits, boots, splash jackets, buoyancy aids and helmets provided. Your spare dry clothes will then travel in the vehicle to meet you at the bottom of the river.

Please also bring a warm jacket for when you get off the river.

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| - Swim suit (under your clothes) | - Warm jacket |
| - Thermal top / rash vest (Available) | - Towel (Available) |
| - Sunglasses with an attached string | - Peaked cap |
| - Water bottle with attaching string | - Camera & spare battery |
| - Suntan lotion factor 40+ | - Lip-balm |

NOTE: Should we deem the rafting portion of the River to be too high to be safely navigated, we reserve the right to offer an alternative section or river.

APURIMAC WATERSPORTS - One Day

Wetsuits, splash jackets, thermal tops, a towel and wetsuit boots are provided. We also provide Pelican cases for cameras whilst on the rafts.

You will travel to the river in normal clothes. On arrival at the get-in, you will be asked to change into the thermal tops, wetsuits, boots, splash jackets, buoyancy aids and helmets provided. Your spare dry clothes will then travel in the vehicle to meet you at the bottom of the river. Please also bring a warm jacket for when you get off the river. In the Apurimac canyon, both on and off the river, we recommend you wear long-sleeved shirts and trousers to avoid the strong tropical sun and persistent sand-flies.

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| - Swim suit (under your clothes) | - Towel (Available) |
| - Thermal top / rash vest (Available) | - Peaked cap |
| - Sunglasses with an attached string | - Camera & spare battery |
| - Water bottle with attaching string | - Lip-balm |
| - Suntan lotion factor 40+ | |
| - Insect repellent | |

NOTE: Should we deem the rafting portion of the River to be too high to be safely navigated, we reserve the right to offer an alternative section of river.

WHITE WATER RAFTING: - Two Days

Wetsuits, splash jackets and wetsuit boots are provided. We also provide Pelican cases for cameras whilst on the rafts.

Full camping gear, including sleeping bags, therm-a-rest, tents, dining tent, toilet, camping cooker and all food are also provided. Towels and Thermal tops can be provided if needed - please ask your guide at the briefing.

You will travel to the river in normal clothes. On arrival at the get-in, you will be asked to change into the wetsuits, boots, splash jackets, buoyancy aids and helmets provided.

Your overnight clothes and all the camping equipment and food are then packed into dry bags and loaded onto the cargo raft.

Your extra clothes and boots will then travel in the vehicle to meet you at the end of the river trip. In the Apurimac canyon, both on and off the river, we recommend you wear long-sleeved shirts and trousers to avoid the strong tropical sun and persistent sand-flies.

Specific to the Apurimac is the possibility of delays due to the difficulty in reaching the river. Should we deem the rafting portion of the Rio Apurimac to be too high to be safely navigated, we reserve the right to offer an alternative river.

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| - Long-sleeve Thermal top / Rash vest for under a wetsuit | |
| - Swim suit | |
| - Small Towel | |
| - After the river change of clothes (lightweight and long-sleeved) | |
| - Light fleece jumper. | |
| - Beach shoes - Old trainers / Tevas & socks | - Flashlight / Head torch |
| - Insect repellent (High DEET) | - After-bite |
| - Sunglasses with an attached string | - Peaked cap |
| - Water bottle with attaching string | - Book, pen & paper |
| - Suntan lotion factor 40+ | - Lip-balm |
| - Camera & spare battery | - Bedclothes |
| - Personal toiletries & medication | - Spare contact lenses / Glasses |

WATERSPORTS LAKE POMACANCHIS:

Wetsuits, splash jackets, thermal tops, towels and wetsuit boots are available. We also provide Pelican cases for cameras and snacks whilst on the lake.

Weather depending, you will be asked to change into your shorts, t-shirt and sandals. Or if required, the wetsuits, boots and splash jackets are available. Buoyancy Aids are mandatory.

Your spare dry clothes will then remain in the vehicle. We recommend a warm jacket for after the water sports.

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| - Swim suit | - Sandals/ Crocs |
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| - | Shorts | - | Rash-vest / T-shirt |
| - | Sunglasses with an attached string | - | Peaked cap |
| - | Water bottle with attaching string | - | Camera |
| - | Suntan lotion factor 40+ | - | Warm jacket |